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REPORT TO THE HOSPITALS AND HOUSING COMMITTEE
MEETING OF WEDNESDAY, JUNE 5, 2019

SUBJECT   **Community Health and Wellbeing Initiatives Update**

ISSUE

To provide a progress report on community health and wellbeing initiatives.

BACKGROUND

In 2011, the CRD established the Regional Outcomes Monitoring (ROM) Collaborative, a voluntary multi-sector group working to inform community health and wellbeing policies, program planning and decision-making in the capital region through the collection and consolidation of regional data. ROM's work operates around 10 goal areas, which are based on the social determinants of health (SDH) (see Appendix A).

In 2018, Island Health awarded the CRD with $180,000, over a three year period, to continue its support for collaborative planning and action around the SDH in the capital region through the ROM. This round of funding supported ROM's regional data and indicator work and its transition into a Community Health Network (CHN). CHN's are geographically based groups, with multi-sectoral representation aiming to foster community partnerships between different levels of government, community organizations, community funders, and health authorities; identify shared social determinant of health priorities; and create joint plans to address identified health priorities.

UPDATE

Currently, ROM is the CHN that covers the largest geographic region on Vancouver Island. The following is an update on the initiatives to date:

1. **Advancement of the ROM Collaborative**

- Hired a new Healthy Communities Planner to coordinate ROM.
- With an Island Health Community Wellness Grant ($50,000), the Community Social Planning Council (CSPC) completed a summary report of data and indicators for some of ROM's goal areas.
- Out of the 10 goal areas, ROM identified a robust set of data and indicators for 4 areas, potential data sources and indicators for 2 goal areas, and no data or indicators were identified for 4 goal areas.
- The ROM identified five priority goal areas: affordable and appropriate housing, economic security, food security, children and youth, and healthy safe environments.
- Out of the five priority areas, three infographics have been developed and one to be completed in Q3 of 2019.
- In 2018, of the four goal areas that did not have data and indicators, ROM identified indicator frameworks for three of these areas.
- ROM's deliverables and anticipated timelines are outlined below:

Goal Area	Status	Timeline
Affordable and Appropriate Housing	• Collected regional and provincial data through CSPC summary report and ROM meetings. • Infographic has been developed. • Conducting workshop in October 2019 to share and evaluate the data/indicators work.	Identified as priority area for 2018 and 2019.
Economic Security	• Collected regional and provincial data through CSPC summary report and ROM meetings. • Infographic has been developed. • Conducting workshop in October 2019 to share and evaluate the data/indicators work.	Identified as priority area for 2018 and 2019.
Food Security	• Collected some regional but mostly provincial data through CSPC summary report and ROM meetings. • First draft of infographic complete. To be updated in Q3 of 2019 with findings from data engagement sessions. • Conducting workshop in October 2019 to share and evaluate the data/indicators work.	Identified as priority area for 2018 and 2019.
Thriving Children and Youth	• Collected some regional and provincial data through CSPC summary report and ROM meetings. • Infographic underway, to be completed in Q3 of 2019.	Identified as priority area for 2018 and 2019.
Healthy Safe Environments	• Identified indicators framework (see Appendix B). • Test indicators framework at community engagement session scheduled for September 2019.	Identified as priority area for 2019.
Connection to Arts and Culture	Identified preliminary indicators framework (see Appendix B).	• Further develop indicators framework and confirm availability of regional data. • Engage community to evaluate indicators framework (2020).
Recreation and Active Living	Identified preliminary indicators framework (see Appendix B).	• Further develop indicators framework and confirm availability of regional data. • Engage community to evaluate indicators framework (2020).
Accessible Health and Human Services	Identified preliminary indicators framework (see Appendix B).	• Further develop indicators framework and confirm availability of regional data. • Engage community to evaluate indicators framework (2020).

Lifelong Learning	Potential data sources identified through CSPC summary report.	ROM will conduct research and engagement sessions for these two goal areas in 2020.
Inclusive and Connected Communities	Potential data sources identified through CSPC summary report.	ROM will conduct research and engagement sessions for these two goal areas in 2020.

- The data and indicators collected for four of the priority areas provide a baseline of how we are doing as a region. High level regional and provincial data findings have been identified (see Appendix B).
- In 2018, ROM decided to develop infographics as a knowledge translation tool using the data/indicators that have been collected to date. The infographics show regional and provincial level data with comparisons to national level data, and definitions around key terms for each of these goal areas.
- Infographics have been developed for Affordable & Appropriate Housing, Economic Security, and Food Security (Appendix C, D and E).
- The infographic for Food Security will be updated in September 2019 based on data engagement sessions that are being conducting throughout Q3.
- The infographic for Thriving Children and Youth will be completed in Q3.

2. Provide education and planning tools to municipal and community partners

- Promoted the work of ROM and educated around the SDH at 16 health network meetings, 3 municipalities, and 1 municipality led event.
- Completed health equity report using a Plan H Grant ($10,000) from BC Healthy Communities Society to identify equity tools being used in policy planning and program development, and its impact on community health and wellbeing. Conducted exploratory interviews with 10 key representatives from progressive local government, regional non-profit organizations, and health authority.
- Conducting health network mapping to identify existing groups working in social determinant of health areas to coordinate regional health and wellbeing initiatives.
- Continue stakeholder engagement to ensure indicators represent the community. Received 2019 Island Health Wellness Grant ($50,000) in partnership with the CSPC. Funding will support community engagement sessions to evaluate the indicators framework that ROM has identified for the goal area of Healthy Safe Environments (new priority area for 2019).

Next Steps:

- Consistent monitoring of regional outcomes and the provision of reliable, local data.
- Continue to work with data subgroups to collect regional level data based on the new indicators that have been identified for the goal areas of Physical and Active Living, Accessible Health and Human Services, and Connection to Arts and Culture.
- Create subgroup and identify indicators framework for Recreation and Active Living.
- Complete infographics for the four priority areas by the end of 2019: Affordable & Appropriate Housing, Economic Security, Food Security, and Thriving Children and Youth.
- Finalize health network mapping by Q3 of 2019 to better coordinate regional health and wellbeing initiatives.
- Finalize and facilitate social determinant of health workshops and test the indicators to ensure they represent the community.
- Continue to pursue grant funding to support the capacity of the CHN.

CONCLUSION

Health and wellbeing in our region requires a coordinated and collaborative approach across all sectors and all levels of government. With its diverse service areas and regional impact, the CRD is well positioned to continue its community health portfolio through ROM by collecting regional data and indicators, facilitating multi-sectoral collaboration, and helping to inform community health policies and program planning.

RECOMMENDATION

That the Hospitals and Housing Committee receives the Community Health and Wellbeing Project Update report for information.

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Attachments: Appendix A - The Regional Outcomes Monitoring Group's Ten Goal Areas
Appendix B - Indicators that have been identified to date
Appendix C - Infographic: Affordable and Appropriate Housing
Appendix D - Infographic: Economic Security
Appendix E - Infographic: Food Security